

RESOURCES

PROGRAM/ORGANIZATION	POC / Email (embedded in most)	CONTACT NUMBER	WEB SITE	REMARKS
After Deployment			https://afterdeployment.dcoe.mil/	Wellness Resources for the Military Community
Air Force Wounded Warrior (AFW2) Program	Aaron (Todd) Dawson (NE)	(402) 294-9184 (W) (402) 885-0731 © aaron.dawson.7.ctr@us.af.mil	http://www.woundedwarrior.af.mil/ ;	Coordinates seriously injured or very seriously injured Airmen to ensure all care is coordinated with personalized support
Airman & Family Readiness Center	Vacant	(402) 309-1588		ANG Airmen and Family Liaison
American Red Cross	Kevin Zuroski	(402) 294-5032 EMERGENCY CONTACT NUMBER - 1-877-272-7337 Kevin.zuroski@redcross.org	www.redcross.org ;	Provides emergency communication, access to emergency financial assistance and information and referrals for servicemen and women and their family members.
Army One Source	Gregory Marino	(314) 456-8978 gmarino@afsc.com	www.myarmyonesource.com ;	Resources for the Army Family
Behavioral Health Officer (ARNG)	Vacant	(402) 309-1866		Provides BH resources and referrals.
Blue Star Mothers	Lisa Compton	heartlandmoms@gmail.com	www.bluestarmothers.org	Mothers who now have, or have had, children honorably serving in the military. Non-profit (501(c)3) service organization supporting each other and our children while promoting patriotism.
Brain Injury Alliance of Nebraska	Peggy Reisher	402-423-2463	www.biane.org	facilitate the Nebraska Veterans Brain Injury Task Force. Provide assistance with individual who have a brain injury
Brain Injury Center - DOD			http://www.dvbic.org	Defense and Veterans Brain Injury Center
Brain Injury Advisory Council		1-800-742-7594	www.braininjury.ne.gov	Nebraska Brain Injury Resource Network
Community Action of NE	Various	Various	http://canhelp.org	Helping People Change Lives - through Community Action Partnerships
County Veterans Service Officers	Various - Check Web site or telephone book blue pages		https://veterans.nebraska.gov/cvso	Assist with VA benefits and local resources.

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Crisis Prevention Lifeline		1-800-273-TALK (8255)		National Suicide Prevention Lifeline - 24/7/365
Crisis Prevention - VA POC	David Tuttle	(402) 995-4063 david.tuttle@va.gov		NE Western IA VA Point of Contact for Crisis Prevention and Crisis follow up contact.
Department of Labor (U.S.)	Cecilia Coatney	(402) 471-9837 coatney.cecilia@dol.gov	www.dol.gov/vets	Veterans Employment and Training Assistance - USERRA
Department of Labor (Nebraska)			www.dol.nebraska.gov	Employment Assistance
Director of Psychological Health (DPH) - (Air)	Vacant			Increase individual and unit readiness and wellbeing through the promotion of psychological health and resilience. Offers 3-6 sessions for non-clinical issues. Referral and case management for mental health & substance abuse concerns. Command consultation. Limits to confidentiality include: harm to self/others, abuse/neglect of a child or vulnerable adult, immediate threat to the mission/workplace safety
Psychological Health Coordinator (PHC) - (Army)	Jodi Kehler	(402) 416-2064 jodi.l.kehler.ctr@mail.mil		Same as Above
Disabilities	Hotline for Disabilities Nebraska Client Assistance Program (CAP)	1-800-742-7594 (Statewide) (402) 471-0801 (Lincoln)	http://www.cap.nebraska.gov/	CAP is a free service to help you find solutions if you are having problems with any of the following programs: State Vocational Rehabilitation, NE Commission for the Blind and Visually Impaired, Centers for Independent Living

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Disaster Assistance	Team Rubicon	(310) 640-8787	http://teamrubiconusa.org	Team Rubicon unites the skills and experiences of military veterans with first responders to rapidly deploy emergency response teams.
Education (Air Guard)	MSgt Casey Svitak	(402) 309-1172 casey.d.svitak.mil@mail.mil		Education Benefits: GI Bill, AGR Tuition Assistance
Education (Army Guard)	MSG Wm Cary	(402) 309-8153 william.c.cary.mil@mail.mil		Education Benefits: Tuition Assistance, GI Bill, DANTES, CLEP, etc..
Education (All Branches)	Joint Services Transcript		https://jst.doded.mil	Service members and veterans from all branches can get a copy of an "Unofficial" military transcript or an "Official" military transcript sent directly to a college.
Education Veterans Integration to Academic Leadership	VITAL Program Coordinators Angela Lyon, LCSW ; Barb Shupe, LCSW	(308) 339-9406 (402) 676-4261 angela.lyon2@va.gov barbara.shupe@va.gov	http://www.nebraska.va.gov/services/VITAL.asp	Veteran-centered, results oriented, collaboration between the VA Health Care System and higher education. Strive to enhance academic retention and success.
Employer Support of the Guard and Reserve (ESGR)	Bill Nelson - Lincoln ; Ned Holmes - Omaha	(402) 309-7303 (402) 309-7906	www.esgr.mil	Assist with resolving employer/employee issues, USERRA.
Employment Assistance	Career One Stop		https://www.careeronestop.org/	Source for Career Exploration, Training & Jobs
Employment Assistance	Crete Carrier	1-800-998-2221	www.WeHireVeterans.com	Truck drivers, shop staff and administrative staff positions

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Employment Assistance	Farmers & Ranchers		https://farmerandrancher.org/ ; https://newfarmers.usda.gov/ ; http://www.legalaidofnebraska.org/	Legal Aid of NE provides resources to assist with starting a farming operation and estate and transition planning for those farmers and ranchers planning to retire
Employment Assistance	NE Guard Association		www.Neguard.org	Job openings through out NE
Employment Assistance	State of Nebraska		www.statejobs.nebraska.gov	Employment with the State of NE
Employment Assistance - for People with Disabilities	Nebraska Ticket to Work		www.nebraskaticketto.org	Centralized source of information for employment for Nebraskans with disabilities
Employment Assistance	Helmets to Hard Hats		www.helmetstohardhats.org	Careers in Construction Industry
Employment Assistance	Hire Vets First		http://www.Fedshirevets.gov	Job search
Employment Assistance	NE Works		https://networks.nebraska.gov	Job search, career tools, education and learning; career center locations; labor market information, unemployment services and benefits and a whole lot more.
Employment Assistance	VA - Vocational, Employment and Rehabilitation (VR&E)		http://www.vba.va.gov/bln/vre	VA program for those who may have disability barriers to employment
Employment Assistance	Vet Jobs		www.vetjobs.com	Job search
Employment Assistance	USA Jobs		www.usajobs.gov	Job search
Employment Assistance	America's Heroes at Work	1-866-4-USA-DOL	www.americasheroesatwork.gov	Job assistance for those that suffer from TBI and or PTSD.
Employment Assistance			www.military.com/careers	Job search
Employment Assistance	Small Business Administration		www.sba.gov	The Veterans Business Outreach Program (VBOP) Is designed to provide entrepreneurial development services such as business training, counseling and mentoring, and referral for eligible veterans owning or considering starting a small business.

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Employment Assistance	Troops to Teachers (TTT)		www.ProudtoServeAgain.com	Troops to Teachers (TTT) provides Counseling and Referral services to military personnel interested in beginning a second career in public education as a teacher.
Employment Assistance	O*Net On Line		http://www.onetonline.org	Detailed descriptions of the world of work for use by job seekers, workforce development and HR professionals, students, researchers, and more! Convert your military skills to civilian skills.
Family	Sesame Street for Military Families		http://www.sesamestreetformilitaryfamilies.org/	Military Family Resources for Young Children
Family	Military Parenting		http://www.veterantraining.va.gov/parenting/	Parenting assistance for Service Members and Veterans
Family	Strong Bonds	Contact your Chaplain	https://www.jointservicesupport.org/FP/Strongbonds/Strongbonds.aspx	ANG Strong Bonds is a Chaplain Corps-led program for commanders which builds relationship resiliency. The Strong Bonds mission is to increase Airmen and Family readiness and resiliency through relationship education and skills training.
Family - Infant - Toddler	Zero to Three	202-638-1144	https://www.zerotothree.org/parenting/military-and-veteran-families-support	Zero to Three works to ensure that babies and toddlers benefit from the early connections that are critical to their well-being and development

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Family	"Parents as Teachers"	1-866-728-4968	www.ParentsAsTeachers.org	Parents as Teachers is the overarching program philosophy of providing parents with child development knowledge and parenting support. The organizational vehicle for delivering that knowledge and support is Parents as Teachers National Center.
Family Program Office	Director CPT Melissa Kramer; Program Specialist 2LT Christina Lemburg	(402) 309-7331 (402) 309-7332 1-800-432-6778	http://ne.ng.mil/FPO/Pages/default.aspx	Warrior Family Support offers coordination and information across the continuum of services. Oversees, Yellow Ribbon Reintegration Program, Family Assistance Centers, Child and Youth Program, and Resilience, Risk Reduction and Suicide Prevention.
Family Program Office	Family Assistance Coordinator Brandi Gettert	(402) 309-7333 (402) 318-8986	http://ne.ng.mil/FPO/Pages/FAC.aspx	Oversees the operation of Family Assistance Centers across Nebraska.

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Family Program Office	Family Assistance Centers Lincoln - Brandi Gettert Omaha - Bob Reichwein Wayne - Layne Beza Kearney - Carey Wilson Mead - Mary Matthiessen North Platte - Scott Halsted Scottsbluff - Amy Reinpold	Lincoln (402) 309-7333 (402) 318-8986 Omaha (402) 309-7086 (402) 318-8989 Wayne (402) 309-8940 (402) 318-8990 Kearney (402) 309-7747 (402) 318-8994 Mead (402) 309-8074 (402) 318-9000 North Platte (402) 309-8602 (402) 318-8995 Scottsbluff (402) 309-8566 (402) 318-8992	http://ne.ng.mil/FPO/Pages/FAC.aspx	Operate Family Assistance Centers across Nebraska to all branches of service by assisting with identifying community, state, and national resources and referrals for Six Essential Services: Crisis, Legal, Financial, Tricare, ID Cards & DEERS, Community Information
Family Program Office	Family Readiness Support Assistant Stephanie Whisler; Dan Paxton	(402) 309-7435 (402) 309-7327 1-800-432-6778 (option 7)	http://ne.ng.mil/FPO/Pages/FRSA.aspx	FRSA's assist Commanders in support of Family Readiness and provide training for Family Readiness Groups.
Family Program Office	Lead Child and Youth Program Coordinator Luther Mardock; Child and Youth Program Coordinator Niki McKinstry;	(402)309-7330 (402)309-7338	http://ne.ng.mil/FPO/Pages/Child.aspx	The mission of the National Guard Child & Youth Program is to promote and sustain the quality of life and resilience of National Guard Children and Youth by providing secure, timely, flexible, high quality support services.

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Family Program Office (Offutt)	Offutt Air Force Base Airman & Family Readiness Center	(402) 294-4329	http://www.offuttafrc.com/cms/	Offutt Family Support system helps families and singles achieve readiness and enhance their quality of lives. All services are free.
Family Support	Families United for Our Troops and Their Mission		http://www.militaryfamiliesunited.org/	Not-for-profit 501(c)3 charitable organization. We are a national organization of Gold Star and Blue Star families including some with loved ones in harm's way, Veterans, and Americans who share a deep appreciation for our men and women in uniform and support them in their efforts to keep America safe by supporting them, their families and their mission.
Family Support	Coaching into Care	1-888-823-7458	http://www.mirecc.va.gov/coaching/	Coaching into Care is a telephone service that provides assistance to family members and friends trying to encourage their Veteran to seek health care for possible readjustment and mental health issues. It's a national phone service that places priority to linking Veterans with benefits and services available in their own communities.
Financial Assistance	Army Emergency Relief	1-866-878-6378	www.aerhq.org	Grants, loans, spouse education assistance. Eligibility - check the web site.
Financial Assistance	Army & Air Force Mutual Aid Association	1-888-851-2493	http://www.aafmaa.com/	Must be on Active Duty, one time low interest \$5,000 loan. Check web site.
Financial Assistance	UnMet Needs Program (VFW) - Financial Grants	1-866-789-6333	http://www.vfw.org	Veterans, Service Member and family assistance

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Financial Assistance	Nebraska Veterans Aid Fund	Contact your County Veterans Service Officer	http://www.vets.state.ne.us/benefits.html	Aid can only be used for food, fuel, shelter, wearing apparel, funeral, medical and surgical items.
Food Assistance	VA Food Pantries	800-451-5796	http://www.nebraska.va.gov/services/Veterans_Food_Pantry.asp	Omaha - 825 Dorcas St, Ste 200 - First and Third Wednesdays of the month - 10am - Noon. Lincoln - VA - 600 S 70th St - First Monday of the Month - 10am - Noon
Health & Human Services			http://dhhs.ne.gov	"Helping People Live Better Lives"
Health & Human Services	Answers 4 Families		www.answers4families.org	Provides information, opportunities for dialogue, education and support to Nebraskans with special needs and their families.
Health Care	Courage to Care, Courage to Talk.....About War Injuries		http://www.couragetotalk.org/index.php	Courage to Care is a new, electronic health campaign for military and civilian professionals serving the military community, as well as for military men, women and families. Courage to Care consists of electronic fact sheets on timely health topics relevant to military life that provide actionable information.
Health (Rural)	Rural Veteran Coordination Project, Nebraska Association Local Health Directors Teri Clark, RVCP Director	(402) 904-7983	www.nalhd.org.presencehost.net/our-work/vetset.html	Supporting veterans and their families who reside in rural and or underserved areas of Nebraska
Health for the Family	Nebraska Local Health Departments	(402) 904-7946	http://nalhd.org/about-us/nebraska-health-departments.html	Promotes Safety, Health and Wellness across all Nebraska Communities

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Housing	Homes for Heroes	(402) 235-8235	www.lincolnheroes.com	Provides extraordinary savings to local heroes (military, fire, police, teachers, peace officers, healthcare workers) who provide extraordinary services to our community every day.
ID Cards (Military)		Air Guard - (402) 309-1452 Lincoln (G1) - (402) 309-8192, 8159, 8156 Lincoln (Penterman Armory) - (402) 309-1724, 1719 Camp Ashland - (402) 309-7148, 7160 Kearney - (402) 309-7777 Offutt - (402) 294-2374	https://www.dmdc.osd.mil/rsl/appj/site?/execution=e1s1	Website for ID Card locations
Full Time Judge Advocate General (JAG) - National Guard	MAJ Ingolf Maurstad	(402) 309-8370 ingolf.d.dmaurstad@mail.mil		Claims for lost personal property, legal assistance, Service members' Civil Relief Act, Uniform Services Employment and Reemployment Rights Act, Taxes, schools, and war trophies.
Legal Aid of Nebraska		1-877-250-2016	www.legalaidofnebraska.com	Provides legal aid for those whose income is 125% of the poverty level or less. Usually represents for civil legal matters. Represent victims of domestic violence regardless of income level.
Mental Health Assessment			http://www.helpyourselfhelpothers.org/	Mental Health Self Assessment

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Mental Health Support	National Alliance on Mental Illness (NAMI)	1-877-463-6264	https://naminebraska.org	A nonprofit, nationwide, grassroots organization that works to empower those affected by mental illness to live better lives through advocacy, education, and support. Offers Homefront, a free, 6 session educational program for families, caregivers and friends of military service members and veterans with mental health conditions.
Military Chaplains Corps (ARNG)	LTC Philip Houser	(402) 326-4254 philp.g.houser.mil@mail.mil		Emotional and Spiritual Support
Military One Source	Sarah Meyers	(402) 314-6955 (Sarah Meyers) 800-342-9647 (Military One Source)	www.militaryonesource.com	Resource for service members and their families to help with a broad range of concerns including money management, spouse employment and education, parenting and child care, relocation, deployment, reunion, and the particular concerns of families with special-needs members.
Military.com			www.military.com	Variety of information, i.e.. Employment, benefits, etc..
Nebraska Rural Response Hotline		1-800-464-0258		Crisis Hotline

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Nebraska Vocational Rehabilitation		Check the website for local office contacts, or call the State Office in Lincoln at (402) 471-3644 or toll free at 1- 877-637-3422 or 1-877-NE-REHAB (Nebraska only)	www.vr.nebraska.gov	Nebraska Vocational Rehabilitation helps people with disabilities join the workforce. Staff provide direct services for employers and people with disabilities that lead to employment. Vocational Rehabilitation serves U.S. citizens, lawful permanent residents, and refugees/asylees who have legal employment authorization documents.
PTSD Assistance - Non-VA	"At Ease" - Lutheran Family Services	Bellevue (402) 292-9105 Grand Island (308) 382-4255 Lincoln (402) 441-7940 North Platte (308) 532-0587	http://www.lfsneb.org	Confidential, individualized counseling services for those affected by PTSD and other BH concerns to include loved ones.
Resilience, Risk Reduction, Suicide Prevention (R3/SP), and Substance Abuse Prevention	R3SP Coordinator MSG Kelly Hatzenbuehler ; SFC William Buettner ; Suicide Prevention Bridget Pettaway ; Amanda Kushen ; Prevention Coordinator vacant	(402) 309-7343 (402) 309-7349 (402) 658-2010 (402) 613-9023	kelli.j.hatzenbuehler.mil@mail.mil ; william.t.buettner.mil@mail.mil ; bridget.d.pettaway@accenturefederal.com ; amanda.j.kushen@accenturefederal.com ;	Instructor of Applied Suicide Intervention Skills Training, POC for Resilience, Suicide Prevention and Substance Abuse Prevention matters
Resource	My Army Benefits		http://myarmybenefits.us.army.mil	

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Resource	Exchange Services		www.shopmyexchange.com	The Exchange is a joint military activity providing quality merchandise and services to active duty, Guard and Reserve members, military retirees and their families at competitively low prices.
Resource	Guard your Health		http://www.guardyourhealth.com/	The website is tailored to the unique health and wellness needs and experiences of Guard soldiers and families.
Resource	Military Funeral Honors Mr. Johnathan Edwards; SGM Mark Smith	(402) 309-7329 (402) 309-7339 johnathan.a.edwards2.ctr@mail.mil mark.a.smith9.mil@mail.mil		NE National Guard can perform military funeral honors at the family's request.
Resources	National Resource Directory		http://www.nationalresourcedirectory.gov	Connecting wounded warriors, service members, veterans, and their families with those who support them.
Resources	Nebraska Resource & Referral System (NRRS)		http://nrrs.ne.gov	The NRRS is a statewide database created with input from Nebraska families, service providers and organizations. The NRRS provides 1-800 numbers as well as web sties and email contacts to help you connect faster to the services you are seeking. This database provides individuals the opportunity to have a real choice in the diverse selection of service providers by allowing users to more easily locate and compare services of local and state agencies.

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Resources	Network of Care		http://www.networkofcare.org	The Network of Care for Veterans, Service Members & Their Families is provided in partnership with the National Association of State Mental Health Program Directors; the National Association of County Behavioral Health & Developmental Disability Directors; Mental Health America, and many others. It was developed in cooperation with the National Association of Counties
Sexual Assault Prevention and Response	ARNG - SFC Hytrek, Christine ANG -Maj Elizabeth Micek	(402) 309-8179 (402) 309-1113	Hotline - (402) 525-0078	Provide advocacy and resources for domestic violence and sexual assault for service member of all military branches. To include community referrals and case management.
Social Security Administration			www.socialsecurity.gov	Wounded warriors may be eligible for SS benefits
State Department of Veterans' Affairs		(402) 471-2458	http://www.vets.state.ne.us	Provides assistance to Nebraska veterans and their dependents in acquiring county, state, and federal benefits to which they are entitled by virtue of their service to this country.
Support (Army)	Warrior Care and Transition - Formerly known as Army Wounded Warrior (AW2) Program	1-877-393-9058	http://wtc.army.mil/aw2/index.html	Provides services to severely wounded, injured or ill and their families
Support (Air Force)	Air Force Wounded Warrior Program (AFW2)	1-800-581-9437	http://www.woundedwarrior.af.mil	Provides services to severely wounded, injured or ill and their families

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Support (Air Force)	Air Force Recovery Care Coordinator	(402) 294-9184	aaron.dawson@offutt.af.mil	
Support	Real Warriors	1-866-966-1020	www.realwarriors.net	An initiative launched by Defense Centers of Excellence for Psychological Health and Traumatic Brain Injury (DCoE) to promote the processes of building resilience, facilitating recovery and supporting reintegration of returning service members, veterans and their families
Support	Defense Centers of Excellence (DCOE)		http://dcoe.mil/	DCoE assesses, validates, oversees and facilitates prevention, resilience, identification, treatment, outreach, rehabilitation, and reintegration programs for psychological health (PH) and traumatic brain injury (TBI) to ensure the Department of Defense meets the needs of the nation's military communities, warriors and families.
Support (Marines)	Marines Helping Marines		http://marineshelpingmarines.org/	Assistance for injured Marine personnel
Support (Navy)	Navy Wounded Warrior Safe Harbor		http://safeharbor.navylive.dodlive.mil	Coordinating the non-medical care of seriously wounded, ill, and injured Sailors, Coast Guardsmen, and their families
Support (Air Force)	Wingman Online		https://www.wingmanonline.org/Home	The Wingman Project provides training, awareness, and outreach to teach War fighters and their families how to identify the signs of suicide and intervene to save a life.

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Support (Women)	Women's Center for Advancement (WCA)	(402) 345-6555 24/7 Hotline: (402) 345-7273	http://www.wcaomaha.org/	Support for Active Duty women, women veterans and spouses experiencing domestic violence, sexual assault or transition issues
Supportive Services for Veteran Families A program of: Central Nebraska Community Services	(308) 385-5500	Arthur, Adams, Buffalo, Banner, Blaine, Boone, Boyd, Brown, Cherry, Colfax, Custer, Garfield, Greeley, Hall, Hamilton, Holt, Howard, Keya Paha, Loup, Merrick, Nance, Platte, Rock, Sherman, Valley and Wheeler	acole@cennecs.org	Serves counties through out North and Central Nebraska. SSVF provides housing stabilization, temporary financial assistance and services to help people gain housing stability and temporary assistance as a bridge to long-term stability.
Supportive Services for Veterans Families - Central Nebraska Community Services	(308) 385-5500	Sioux, Scottsbluff, Banner, Kimball, Dawes, Box Butte, Morrill, Cheyenne, Sheridan, Garden, Deuel, Grant, Hooker, Thomas, Arthur, McPherson, Logan, Keith, Lincoln, Perkins, Dawson, Buffalo, Chase, Hayes, Frontier, Gosper, Phelps, Kearney, Dundy, Hitchcock, Red Willow, Furnas, Harlan and Franklin counties.	acole@cennecs.org	To promote housing stability & Supportive services for Veterans and their families - housing stabilization, temporary financial assistance and serves to help people gain housing stability, temporary assistance as a bridge to long term stability.
Supportive Services for Veteran Families A program of: Blue Valley Community Action	(402) 729-2278 ext 137	Butler, Fillmore, Gage, Jefferson, Polk, Saline, Seward, Thayer, and York	izajicek@bvca.net	To promote housing stability & Supportive services for Veterans and their families - housing stabilization, temporary financial assistance and serves to help people gain housing stability, temporary assistance as a bridge to long term stability.

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Supportive Services for Veteran Families. A program of Together, Inc of Metro Omaha	402-345-8047	Douglas, Sarpy (Nebraska); Pottawattamie County (Iowa)	cdixon@togetheromaha.org	To promote housing stability & Supportive services for Veterans and their families - housing stabilization, temporary financial assistance and serves to help people gain housing stability, temporary assistance as a bridge to long term stability.
Supportive Services for Veteran Families Northeast Nebraska Community Action Partnership	(402) 385-6300	Antelope, Burt, Cedar, Cuming, Dakota, Dixon, Dodge, Knox, Madison, Pierce, Stanton, Thurston, Washington and Wayne Counties	pmlady@nencap.org	To promote housing stability & Supportive services for Veterans and their families - housing stabilization, temporary financial assistance and serves to help people gain housing stability, temporary assistance as a bridge to long term stability.
Survivor Outreach Services	Randy Amundson; Raechell Eddy-Jimerson	(402) 309-7466 (402) 309-7251 randy.j.amundson.ctr@mail.mil; raechell.t.eddyjimerson.ctr@mail.mil		Provide benefits and services to surviving families to ensure that they feel part of the Army National Guard Family. These benefits and services will be provided for as long as the family desires.
Transition Assistance Advisor (TAA)	Bonnie Bessler	(402) 309-1543 bonnie.j.bessler.ctr@mail.mil		The TAA will assist in navigating through the numerous benefits and entitlements in the DoD and VA systems. TAA will educate service members and their families on how and where to obtain earned benefits and services.
Tricare - TRS Site - Enrollment			https://www.dmdc.osd.mil/appj/trs/	Tricare Reserve Select Enrollment link

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Tricare (United Health Care)	SFC Eric Martin - (402) 390-8183 SSG Rosie Amezcua - (402) 309-8181 SSG Sara Bowie - (402) 309-8167	West Region (UHC) - 1-877-988-9378	http://www.tricare.mil/	DOD Health / Dental Care - assist with TRICARE related questions and issues if they can not be resolved on the Tricare website or with a Tricare representative.
Vet Centers	Lincoln Omaha Rapid City, SD Sioux City, IA Cheyenne, WY 24HR HOTLINE	(402) 476-9736 (402) 346-6735 (605) 348-0077 (712) 255-3808 (307) 778-7370 877-WAR-VETS (927-8387)	http://www.vetcenter.va.gov	Readjustment Counseling Support for Combat veterans and their families. Bereavement Counseling, Victims of Military Sexual Trauma. No timeline for counseling services
Veterans Affairs After Hours Nurse		1-866-NURSEVA (687-7382)		Contact number to talk with a medical professional after "normal" VA duty hours
Veterans Affairs Benefits Administration (VBA)			www.va.gov use the "contact us" to send a query	VBA administers all VA benefits, i.e. insurance, GI Bill, compensation, VR&E, etc....
Veterans Affairs Benefits Administration (VBA)	Women's Benefits Coordinator Gena Hegemann; Jody Griffin.	(402) 420-4314 (402) 232-7363 gena.hegemann@va.gov jody.griffin@va.gov		Inform veterans about VA benefits and to ensure that female veterans receive all benefits entitled to them. Responsible for providing outreach to women veterans and to assist on sensitive claim issues such as military sexual trauma.
Veterans Affairs Benefits Administration (VBA)	eBenefits		www.ebenefits.va.gov	Gateway to VA Benefits - track your GI Bill, apply for home loans, file for benefits, obtain VA letters etc....
Veterans Affairs Benefits Administration (VBA)	GI Bill Assistance	1-888-GIBILL1 (442-4551)	www.gibill.va.gov	GI Bill Website GI Bill Customer Service

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PROGRAM/ORGANIZATION	POC / Email (embedded in most)	CONTACT NUMBER	WEB SITE	REMARKS
Veterans Affairs Health Administration (VHA)	OEF/OIF/OND Coordinators Omaha -Heather Bojanski Shannon Vondra Lincoln - Lori Wardlow, Heather Eller-Gilman; Kalan Root GI - Tami Burkey Rapid City, SD - Lori Vosika Cheyenne, WY- Sioux Falls, SD	(402) 657-3573 (402) 995-4453 (402) 480-1801 (402) 486-7812 (402)486-7940 (308) 383-8573 (605) 745-2000 ext 2176 (307) 778-7550 ext 7068 (605) 336-3230 ext 7809	www.nebraska.va.gov	VHA administers all VA health care. Coordinators are specifically in place to assist veterans with VA health care
Veterans Affairs Health Administration (VHA)	Appointment Phone Numbers Omaha Lincoln Gordon Grand Island Bellevue Norfolk Sidney Gering/Scottsbluff North Platte Holdrege Oneill	(402) 995-4463 (402) 486-7821 308-282-1442 (308) 382-3660 ext 92319 (402) 591-4500 (402) 370-4570 308-254-6085 (308) 220-3930 (308) 532-6906 (308) 995-3760 (402) 336-2982	www.nebraska.va.gov	Phone numbers for appointment scheduling. If you are an OEF/OIF veteran please let the scheduler know so you access the correct clinic.
Veterans Affairs Health Administration (VHA)	Appointment Phone Numbers (cont) Shenandoah, IA Rapid City, SD Hot Springs, SD Cheyenne, WY	(712) 246-0092 (605) 718-1095, ext 3019 (605) 718-1095, ext 3019 (307) 778-7550 ext 7068		

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Veterans Affairs Health Administration (VHA)	Care Giver Support Program Manager Joni Morin	(402) 995-4618 joni.morin@va.gov		Under the "Caregivers and Veterans Omnibus Health Services Act of 2010," additional VA services are now available to seriously injured post-9/11 Veterans and their Family Caregivers through a new program of Comprehensive Assistance for Family Caregivers
Veterans Affairs Health Administration (VHA)	Homelessness Program	1-877-4AIDVET (424-3838)	http://www.va.gov/homeless	Information for veterans who might be facing homelessness.
Veterans Affairs Health Administration (VHA)	Homeless Coordinator(s) Kerry Miller-Loos	(402) 489-3802 ext 96862 kerry.millerloos@va.gov		Works with veterans that are facing homelessness or who are homeless. Works to find adequate shelter and other needs.
Veterans Affairs Health Administration (VHA)	Women's Veterans Health Care Program Manager Megan Kucera	(402) 995-4906 megan.kucera@va.gov		Assist with health care needs of eligible women veterans, providing appropriate, timely, and compassionate health care at the facility level.
Veterans Affairs Health Administration (VHA)	Women Veterans Hotline	1-855-VA-WOMEN (1-855-829-6636)		Information for women veterans about VA health care and VA benefits
Veterans Affairs Health Administration (VHA)	My Healthe Vet		http://www.myhealth.va.gov	With My HealtheVet, Veterans can access trusted, secure, and current health and benefits information as well as record, track and store important health and military history information at their convenience. Veterans who are enrolled in a VA facility can refill their VA prescriptions and more, so register today! Using My HealtheVet is easy and it's for YOU!

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Veterans Affairs Health Administration (VHA)	VA - Veterans Justice Outreach Sandra Miller - Lincoln; Thyris Taylor - Omaha	(402) 489-3802 ext 96860 (cell) (402) 309-3378 (402) 995-4530 (Cell) - (402) 680-0143		Works with incarcerated veterans and those veterans who are dealing with the legal system.
Veterans Service Organization	The American Legion	1-800-504-4098	www.legion.org	Offer Troop and Family Support Services
Veterans Service Organization	AMVETS		www.amvets.org	Vet Service Organization
Veterans Service Organization	Disabled American Veterans		www.dav.org	Vet Service Organization
Veterans Service Organization	Military Order of the Purple Heart		www.purpleheart.org	Vet Service Organization
Veterans Service Organization	Paralyzed Veterans of America		www.pva.org	Vet Service Organization
Veterans Service Organization	Veterans of Foreign Wars (VFW)		http://www.vfw.org/Assistance	Offer Troop and Family Support Services
Veterans Service Organization	UnMet Needs Program (VFW)	1-866-789-6333		Provides financial assistance to veterans and families
Veterans Service Organizations			http://www.vets.state.ne.us	Complete listing of all Veterans Service Organizations in Nebraska
Wounded Warrior Project	Outreach Coordinator Kalyn Carpenter	(913) 998-7678	www.woundedwarriorproject.org ;	To raise awareness and enlist the public's aid for the needs of injured service members. To help injured service members aid and assist each other. To provide unique, direct programs and services to meet the needs of injured service members.
Yellow Ribbon Program (Air)	Air Wing Integrator Vadra Stutzman	(402) 309-1597 vadra.l.stutzman.ctr@mail.mil		Responsible for managing, developing and coordinating all Yellow Ribbon Program activities

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Yellow Ribbon Program (Army)	Yellow Ribbon Program Coordinator / Specialist SFC Ronnie Larmeu	(402) 309-7344 ronnie.j.larmeu.mil@mail.mil		Responsible for managing, developing and coordinating all Yellow Ribbon Program activities

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